

Whey Nourish

Premium quality whey protein powder
CHOCOLATE & VANILLA FLAVOUR

22g or
more of
protein per
serving

- * From concentrate and isolate
- * EU and British sourced milk
- * Hormone and GMO free
- * NO artificial sweeteners
- * TSE / BSE free
- * Non-irradiated

Build muscle
Gain size
Shape & tone



About WheyNourish...

WheyNourish is a premium whey protein supplement, derived from a blend of high quality whey protein **concentrate** and whey protein **isolate**.

Only the highest grade **hormone-free** milk, sourced from EU and British grass-fed cows, has been used in this formulation - **NO GMOs, artificial flavours, colours, sweeteners or added sugar (stevia is used)**.

As well as providing an excellent nutritional (and amino acid) profile, we have ensured that using WheyNourish is a tasty, hassle-free experience.

It comes in two popular flavours (**chocolate and vanilla**) and can simply be added to water, juice, milk or any other liquid for a tasty protein shake.

It can be used before or after exercise, or at any time of day as a protein-rich, muscle building and appetite curbing snack.

Benefits of WheyNourish

This whey protein powder provides **22g or more of protein per serving**, which helps to support muscle growth, the maintenance of lean mass, shaping, toning and bones.

Who is WheyNourish suitable for?

It is ideal for anyone looking to:

- increase their daily protein intake
- find an easy source of protein before or after their training
- increase their muscle mass and size
- support tissue repair
- maintain lean mass
- shape and tone
- increase their calorie intake
- support their immunity.

Key benefits

Only premium quality whey is used (NO other cheap protein sources have been added)
Sourced from both whey concentrate and isolate for maximum effect

EU and British sourced milk

Hormone-free

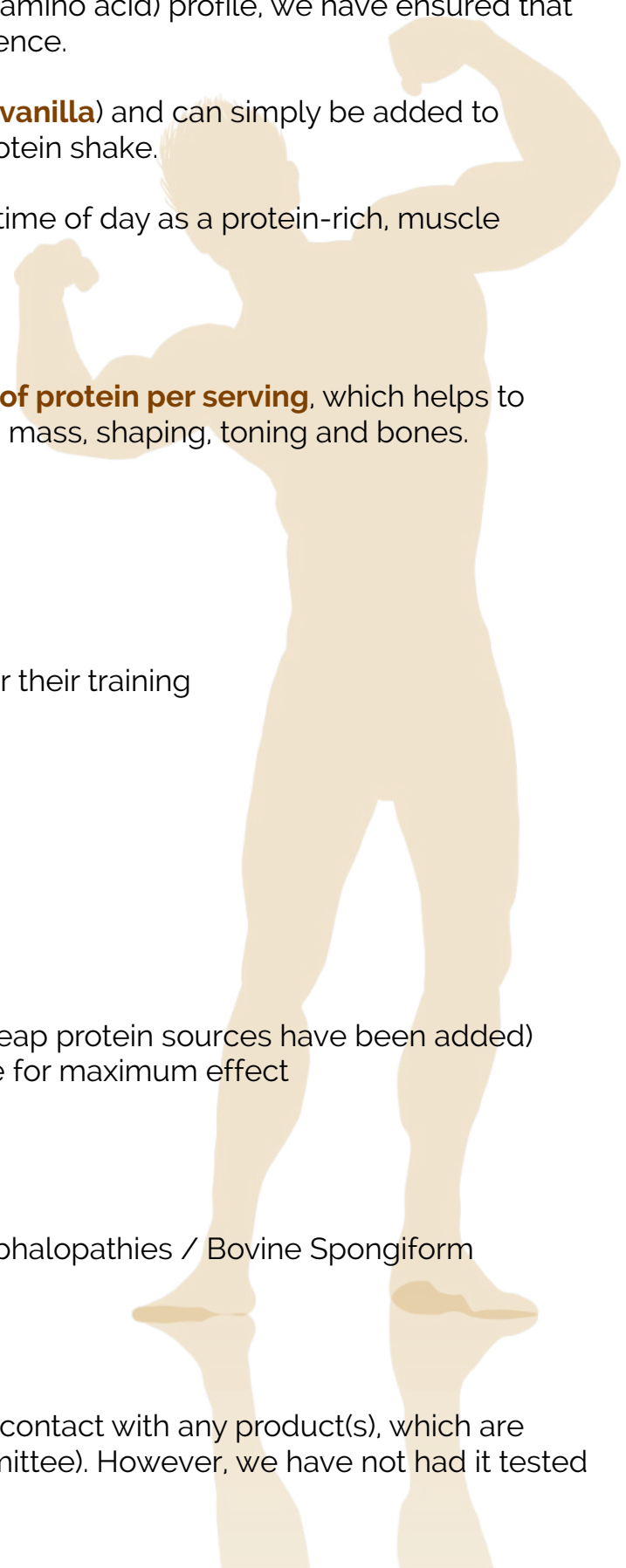
Non-irradiated

Non-GMO

TSE / BSE free (Transmissible Spongiform Encephalopathies / Bovine Spongiform Encephalopathy)

IOC status

This product, whole or in part, has not come into contact with any product(s), which are banned by the IOC (International Olympics Committee). However, we have not had it tested by the IOC for official approval documentation.



About whey protein...

Why choose whey protein?

Can taking the right protein supplement enhance your performance, while supporting your health? There's compelling evidence that it can, including EFSA validated health claims.

Protein is essential for normal growth, cell repair and the production of hormones, immune cells and muscle.

For a number of years now, scientists have been investigating the potential health benefits of a particular type of protein: whey protein which is derived from milk protein.

Unlike whole milk, whey protein contains very low levels of fat, lactose (a milk sugar that can be hard to digest) and no other undesirable ingredients (provided the protein is of premium quality and from a reliable source, like WheyNourish).

Build muscle / gain size

Shape and tone

Support metabolism

Immune-booster

Support general health

Glutathione levels

Protein intake

Maintain lean mass

Support fat burning

Building muscle and bulking up

Whey is often promoted as the "perfect protein" for building strong muscles, because it has an excellent amino acid profile, is low in fat and is easily absorbed by the body. It is therefore extremely popular with bodybuilders and athletes, because they place high demands on their bodies and they need additional protein to help maintain existing muscle and build new muscle.

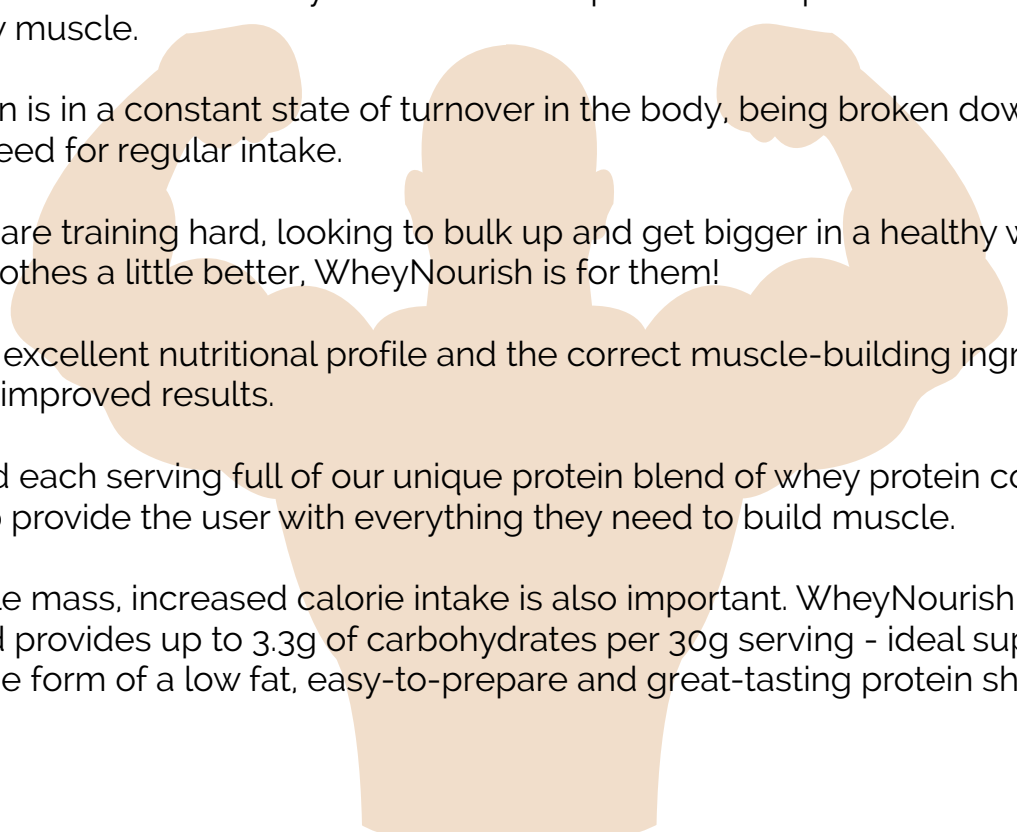
Muscle protein is in a constant state of turnover in the body, being broken down and rebuilt - hence the need for regular intake.

If your clients are training hard, looking to bulk up and get bigger in a healthy way, or even just fill their clothes a little better, WheyNourish is for them!

It provides an excellent nutritional profile and the correct muscle-building ingredients for effective and improved results.

We've packed each serving full of our unique protein blend of whey protein concentrate and isolate, to provide the user with everything they need to build muscle.

To gain muscle mass, increased calorie intake is also important. WheyNourish contains up to 116kcal and provides up to 3.3g of carbohydrates per 30g serving - ideal support for the daily diet in the form of a low fat, easy-to-prepare and great-tasting protein shake.



About whey protein...

Shaping and toning - it's not just for men!

The protein powder industry has been dominated by male consumers for years, but more recently, there has been a huge surge in demand from female consumers.

The fact is, women also need protein, and this requirement is even more important when they are on a diet or exercising. This is because protein can both support their health goals and, in many cases, help to improve and speed up outcomes. For example, by helping to speed up metabolism, assist with fat burning, decrease appetite, support high energy levels and promote cell repair, contouring and toning.

While more and more women are recognising the importance of high quality protein supplementation, it is still up to you to educate your female clients on the fact that whey is not only useful for 'gym-fanatic' men!

For general health and vitality

Given all the potential benefits of whey protein, it is certainly not just for fitness fanatics! For example, it contains 6 different types of protein that have potent health-supporting properties, including:

- enhancing immune function
- raising blood levels of glutathione (the body's primary antioxidant).

As such, it can equally be recommended to couch potatoes!

Why concentrate AND isolate?

Whey protein exists in 3 main forms: isolate, concentrate and hydrolysate (where the whey isolate undergoes additional processing). Can't decide which one to try? We've included both concentrate and isolate in our formula!

Whey concentrate and isolates go through a process to remove most of the carbohydrates, fat and lactose from "regular unprocessed whey" derived from whole milk. This process is called "ion exchange" or "filtering."

Both result in an almost pure protein. A "concentrate" is 80% protein and an "isolate" is 90% protein. There is no other real difference between the two, except that isolates go through an extra filtering step to remove more fat and carbohydrates. The protein quality is identical.

How to use



As a mid-morning snack
As a mid-afternoon snack

Before a workout
Post-workout

WheyNourish is available for re-sale under your own label (or our label) and can be dropshipped by us.

*See our **Trade Price List** for trade prices, RRP's, discounts, dropshipping rates etc.